

Alongside GreenSquare's housing support, we run a number of community groups in your area – from cooking sessions to budgeting courses.



New friends network

This is a community social group which focuses on building self-confidence and developing opportunities to link with the local community. This is a friendly get-together and a chance to meet new people and explore shared interests. New friends network groups run in all our support areas once a month, taking place over a few hours. Free refreshments are provided and there are often activities such as crafts, quizzes, and bingo.

Design team

The design team is a group of volunteers that meets up in the Forest of Dean for a few hours each month. The team members work together to complete design briefs and produce posters/leaflets that advertise GreenSquare events. Their work helps give us a personal, unique finish that makes us stand out from the crowd!

Volunteering

Volunteering is a great way to 'give back' to your community, share your skills and knowledge, and prepare you for work. We have several different volunteer opportunities at GreenSquare. You can help with the cooking groups, the design team, new friends network groups, and the walking group. We also have opportunities to help with promotions and events – and can signpost to other organisations.

What's in your area?

A guide to activities and groups from GreenSquare's Housing Support service



Women's group

This is a social get-together specifically for women from all backgrounds in a safe and relaxed environment. Two-hour sessions run every fortnight at Bartongate Children's Centre in Gloucester. The sessions offer arts and crafts projects – and plenty of refreshments!

Community ground force project

This is a supportive outdoor project where we help with a variety of tasks at the St James City Farm. These include painting; repairing animal enclosures; general tidying up; and working with the animals. We offer lunch and a safe environment where people can meet others and have fun! Those attending this monthly project can do as much or as little as they wish.

Walking group

Walk to improve your health, meet other people, and enjoy the outdoors in your local area! This is a small, supportive and inclusive group providing a safe fun walk together. All levels and experience welcome.

Cooking courses and groups

At GreenSquare we like to help give people the tools to become independent and improve their lives. We run cooking courses and cooking social groups to encourage this. These courses run across Gloucestershire – give us a call to find out when the next course near you is. We also run two 'meet up, eat up' social groups where, together, we cook healthy foods and sit down to enjoy them. We currently run sessions in Gloucester and the Forest of Dean.

Housing, bills and budgeting

These two-hour workshops take place weekly over three weeks. We deliver these workshops in the community for all to attend, in a relaxed, informal setting, with refreshments served. We cover topics such as tenants' rights and responsibilities; the social housing application process; and the importance of prioritising and paying bills. We invite along a guest speaker to each session relevant to the topics being covered.

Other groups

We also run other exciting groups throughout Gloucestershire including wellbeing courses; arts and crafts projects; mindfulness courses; photography groups; and outdoor projects. Contact us for details.

Interested in any of the activities listed here? Get in touch!

Contact the helpdesk on 01452 726951 and ask for Lucy, James or Sam.

gloshousingsupport.com

Keep an eye out for the five-week courses we run throughout the year!